

San Ramon Valley School District

Gale Ranch Middle School

March 15th - 19th, 2010



	Monday	Tuesday	Wednesday	Thursday	Friday
Asian Nation			NO LUNCHES	NO LUNCHES	NO LUNCHES
Trattoria	Cheese Pizza Pepperoni Pizza French Bread Pizza	Cheese Pizza Pepperoni Pizza			
THE FRESH GRILLE	Hamburger Cheeseburger Chicken Sandwich	Hamburger Cheeseburger Chicken Sandwich			
Origins	Spaghetti w/Garlic Bread <u>or</u> Chicken Strips	Beef Soft Tacos <u>or</u> Mini Cheeseburgers			
Sandwich Central	Ham, Turkey or Tuna Sandwich	Ham, Turkey or Tuna Sandwich			
EXTRA EXTRA	Salad Bar Garlic Bread Tator Tots	Salad Bar Oven Baked Fries Spanish Rice			

A variety of milk, 1% white and non fat chocolate is offered with each meal
Fresh and canned fruits and vegetables are available at all schools.

Not all items available at each school. Menu Subject to
Change, (V) Denotes Vegetarian Option

All lunches include:
1 (one) - Entrée item
2 (two) – side items from the
“Extra Extra” offerings
1 (one) – choice of milk



An asterisk(*) denotes components of Balanced Choices meals that meet strict nutrient parameters for calories, fat, saturated fat, cholesterol, fiber, sodium, and other key nutrients. All Balanced Choices meals include a choice of 1% white milk.

The School Lunch Program is operated in accordance with the U.S. Department of Agriculture policy, which does not permit discrimination because of race, color, sex, age, handicap, or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250. Food service provided by Chartwells School Dining Services, 925.824.1807 or 925.824.1809

